Dengue, Chikungunya, Zika Recognising the symptoms







Headache





Rash

Conjunctivitis

DENGUE



High fever



Headache, especially with pain behind the eyes



Muscle or joint pain



Rash (red spots on the skin)

CHIKUNGUNYA



High fever



Headache



Joint pain (often in the hand, wrist and ankle joints)



Rash (red spots on the skin)

ZIKA



Low-grade fever (<38.5°C)



Headache



Muscle or joint pain



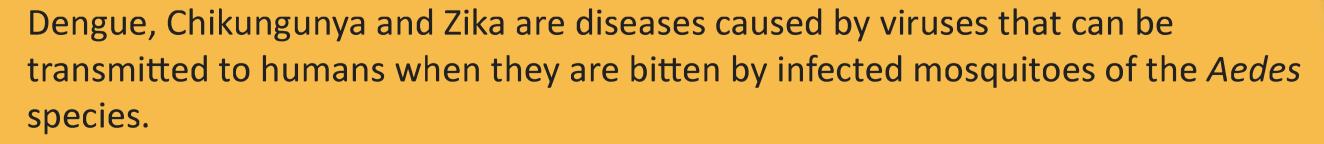
Rash (red spots on the skin)



Conjunctivitis (red eyes)



If you have one or more of the above symptoms, see a doctor quickly.



The best way to avoid these diseases is by preventing mosquito bites.



