

# Dengue , Chikungunya, Zika

## Recognising the symptoms



Fever



Muscle or joint pain



Headache



Rash



Conjunctivitis

### DENGUE



High fever



Headache, especially with pain behind the eyes



Muscle or joint pain



Rash (red spots on the skin)

### CHIKUNGUNYA



High fever



Headache



Joint pain (often in the hand, wrist and ankle joints)



Rash (red spots on the skin)

### ZIKA



Low-grade fever (<math><38.5^{\circ}\text{C}</math>)



Headache



Muscle or joint pain



Rash (red spots on the skin)



Conjunctivitis (red eyes)



If you have one or more of the above symptoms, see a doctor quickly.



Dengue, Chikungunya and Zika are diseases caused by viruses that can be transmitted to humans when they are bitten by infected mosquitoes of the *Aedes* species.

The best way to avoid these diseases is by preventing mosquito bites.



For more information, please call Tuvalu Public Health Unit,  
Princess Margaret Hospital: 20480