

## GOAL 6. Combat HIV/AIDS, malaria and other diseases

### *National-level monitoring*

Indicator	1991	1997	2001	2006	Where Niue would like to be in 2015	2015 Will the indicators be met?	Source
<b>Target 7: Have halted by 2015 and begun to reverse the spread of HIV/AIDS</b>							
<b>Indicator 18</b> HIV/Aids prevalence among pregnant women aged 15/24 years	0	0	0	0	0	Already met	Health
<b>Indicator 19</b> Condom use rate of contraceptive prevalence rate						? > ?	
<b>Indicator 19a</b> Condom use at last high-risk sex						? > ?	
<b>Indicator 19b</b> Percentage of population aged 15-24 years with comprehensive correct knowledge of HIV/Aids	60%	62%	65%	70%	100%	Potentially	Health
<b>Indicator 19c</b> Contraception prevalence rate	35.9%	24%	22.6%	na			Health
<b>Target 8: Have halted by 2015 and begun to reverse the incidence of malaria and other major diseases</b>							
<b>Indicator 20</b> Ratio of school attendance of orphans to school attendance of non-orphans aged 10-14 years	NA	NA	NA	NA	NA	NA	
<b>Indicator 21</b> Prevalence of death rates associated with malaria	NA	NA	NA	NA	NA	NA	
<b>Indicator 22</b> Proportion of population in malaria risk areas using effective malaria prevention and treatment measures	NA	NA	NA	NA	NA	NA	
<b>Indicator 23</b> Prevalence and death rates with tuberculosis (per 100,000) <b>Actual cases</b>	0	P=0 D=1	P=2 D=0	0	0	Already met	Health

<b>Indicator 24</b> Proportion of tuberculosis cases detected and cured under DOTS	0	0	2 (cases)	0	0	Already met	Health
<b>Indicator 24a</b> Prevalence and death rates associated with diabetes	2/15	1/17	3/14	1/8	0	Potentially	Health
<b>Indicator 24b</b> Prevalence and death rates associated with high blood pressure	0	2/17	3/14	1/8	0	Potentially	Health
<b>Indicator 24c</b> Prevalence and death rates associated with asthma	na	na	na	>2%	0	Potentially	Health
<b>Indicator 24d</b> Prevalence of gout	na	na	na	1.87%	0	Potentially	Health
<b>Indicator 24e</b> Percentage of men and women 18 years over with the Body Mass Index of 30+ (WHO)	na	na	na	na			Health
<b>Indicator 24f</b> Total number of existing programs involved with exercise	na	na	na	6 - 10			Health

### **Status and Trends**

Niue is one of the few Pacific Island Countries (PICs) to be free from HIV/AIDS and malaria. The prevalence of these noted diseases (to date) are non-existent. However, this does not mean that is immune to both of them. Therefore comprehensive strategies should be in place in case an event may occur. On going awareness programs has been implemented which, highlights the disastrous effects on the nation socially, economically, medically, spiritually, etc. The emphasis now is not to be complacent about the current situation (no HIV/AIDS) as it does not know any discrimination whatsoever in its host. Niue needs to continue with the proactive efforts in increasing knowledge and awareness amongst people by promotional and educational programs.

There were 2 tuberculosis cases diagnosed in 2001 for the first time after more than 10 years of no cases at all; these cases were immigrants from neighbouring Pacific island countries. These were successfully treated under WHO DOTS program and local Health Department Management Guidelines.



Contraceptives are not widely used unless prescribed by a doctor or a family planning nurse according to Government Policy Guidelines. Condom use on the other hand is promoted through “Reproductive Health Awareness Programs” conducted by the Health Department and the Niue Youth Council, which are co-funded by international donor agencies such as the WHO, UNDP, UNFPA, etc.

### **Key Challenges**

- Niue should focus on the issue of keeping Niue free of HIV/AIDS, Malaria and TB.
- Low use of condoms by men as means of protection of sexual transmitted infections (STIs) is a serious concern.
- Niue should focus on high incidence of Non Communicable Diseases (NCDs) often known as Lifestyle Diseases (obesity, hypertension, diabetes mellitus, gout, heart diseases and cancer).



### **Proposed Actions**

<b>Policy Action</b>	<b>Implementing Local Agency</b>	<b>Implementing International Agency</b>	<b>Resource/Source</b>	<b>Timeframe</b>
Develop and implement the National HIV/AIDS and STI Policy and Action Plan	Health Department	SPC / WHO	Recurrent/External	2006
Promote Education and Awareness on HIV/AIDS	Health, Education and NYC		Recurrent/External	On Going
Integrate HIV/AIDS education to the school curriculum	Health and Education	UNDP / WHO / NZAID	Recurrent/External	On Going
Promote preventative measures for Non Communicable diseases	Health/NIASA	SPC	Recurrent/External	On Going
Improve data collection and management on health indicators	Health Department, NSO and NIASA	NZAID / SPC	Recurrent/External	On Going
Promote use of Contraceptives and Condoms	Health, NYC		Recurrent/External	On Going