

Pacific Heads of Health

Réunion des directeurs de la santé du Pacifique

Pacific NCD Roadmap and Monitoring Alliance for NCD Action (MANA):

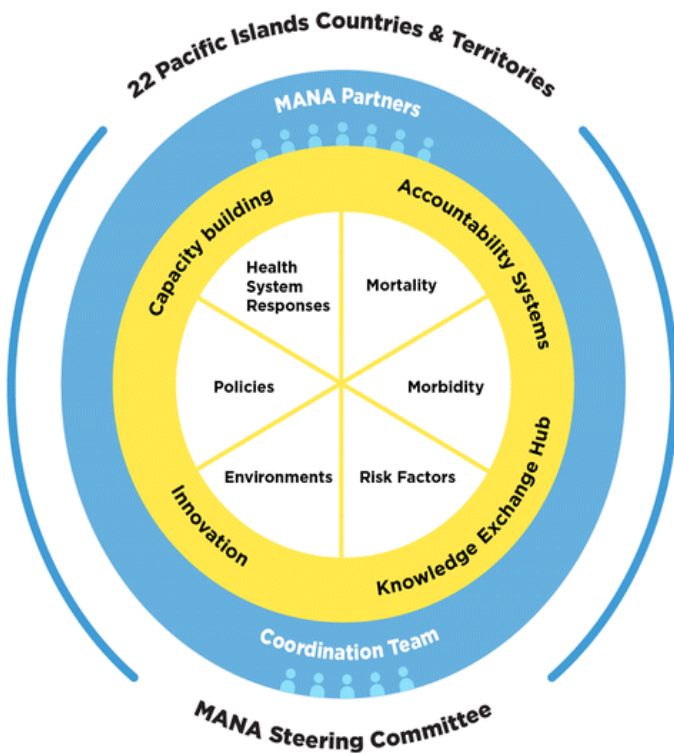
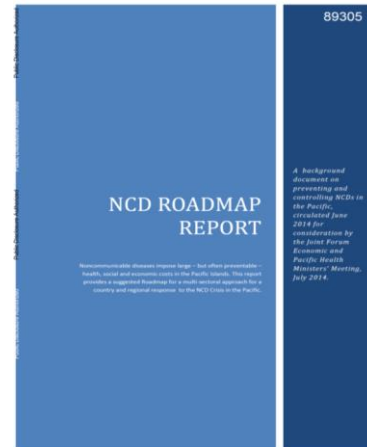
Progress Update

Presented by:

Dr Si Thu Win Tin (SPC) and Dr Wendy Snowdon (WHO)

Background

- NCD related disability and premature death is **at a crisis point** for the Pacific region.
- Approved an **NCD Roadmap** in 2014 and committed to take action
- **Established** MANA and **developed** MANA Dashboard to monitor Roadmap implementation



Indicators for NCD governance
e.g. NCD plan, taskforce

Indicators for preventive policies
e.g. tobacco, alcohol, food, PA

Indicators for health system
e.g. NCD management

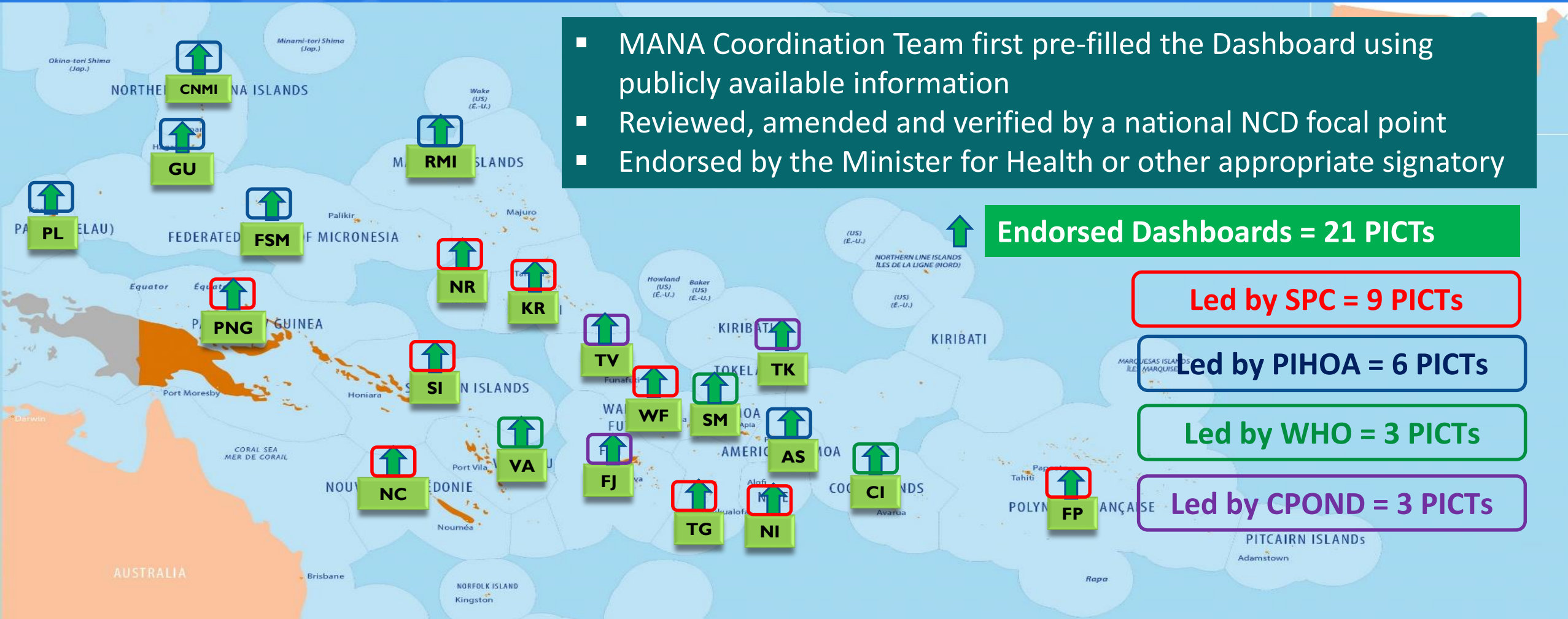
Indicators for monitoring
e.g. STEPS survey

- **Rated countries' progress** using 'traffic light scheme'

Rating	Description
N/A	Not applicable
■	Not present
■	Under development
■	Present
Strength of action/implementation (star rating only assigned if 'Present')	
★	Low
★★	Medium
★★★	High

Progress: MANA Dashboards Completion (2017-2018)

- MANA Coordination Team first pre-filled the Dashboard using publicly available information
- Reviewed, amended and verified by a national NCD focal point
- Endorsed by the Minister for Health or other appropriate signatory



Progress: Tobacco Control

Description	Pacific Island Countries and Territories (N=21)																				
	A Samoa	CNMI	Cook Islands	FSM	Fiji	French P	Guam	Kiribati	Nauru	Niue	New Caledonia	Palau	PNG	RMI	Samoa	Solomon Islands	Tokelau	Tonga	Tuvalu	Vanuatu	W&F
T1. Tobacco excise taxes	☆☆	☆☆	☆☆	☆	☆	☆☆☆	☆	☆	☆	☆	☆☆☆	☆☆☆			☆☆			☆☆☆	☆☆☆	☆☆	☆☆☆
T2. Smoke-free environments	☆☆☆	☆☆	☆☆		☆	☆☆☆	☆☆☆	☆☆	☆☆☆		☆☆☆	☆☆☆	☆☆☆	☆☆	☆☆	☆	☆☆	☆☆☆	☆☆☆	☆☆☆	
T3. Tobacco health warnings			☆☆		☆☆☆	☆☆☆	☆				☆		☆☆		☆☆	☆☆		☆☆	☆☆	☆☆☆	
T4. Tobacco advertising, promotion and sponsorship						☆☆☆		☆☆	☆☆☆		☆☆☆	☆☆☆	☆☆	☆☆	☆☆			☆☆	☆☆☆	☆☆☆	☆☆☆
T5. Tobacco sales and licencing	☆☆☆	☆☆☆	☆	N A	☆☆☆		☆☆	☆☆	☆☆			☆☆☆	☆☆☆			☆☆		☆	☆☆☆	☆☆☆	
T6. Tobacco industry interference																					

Progress: Alcohol Control

Description	Pacific Island countries and territories (N=21)																				
	A Samoa	CNMI	Cook Islands	FSM	Fiji	French P	Guam	Kiribati	Nauru	Niue	New Caledonia	Palau	PNG	RMI	Samoa	Solomon Islands	Tokelau	Tonga	Tuvalu	Vanuatu	W&F
A1. Alcohol licencing to restrict sales	★ ★ ★	★ ★ ★	★ ★	N A	★ ★	★ ★	★ ★ ★	★ ★	★ ★	★ ★	★ ★ ★	★ ★ ★	★ ★	★ ★	★ ★	★ ★ ★	★ ★	★ ★ ★	★ ★ ★	★ ★	★ ★
A2. Alcohol advertising				N A							★ ★										
A3. Alcohol taxation					★ ★ ★				★ ★ ★		★ ★ ★				★	★ ★			★ ★ ★		
A4. Drink driving	★	★		N A	★ ★	★ ★	★ ★	★	★ ★	★	★ ★	★ ★		★		★ ★		★ ★	★		★ ★ ★

Progress: Unhealthy Food and Drinks

Description	Pacific Island countries and territories (N=21)																				
	A Samoa	CNMI	Cook Islands	FSM	Fiji	French P	Guam	Kiribati	Nauru	Niue	New Caledonia	Palau	PNG	RMI	Samoa	Solomon Islands	Tokelau	Tonga	Tuvalu	Vanuatu	W&F
F1. Reducing salt consumption			☆ ☆	☆ ☆ ☆	☆ ☆ ☆	☆ ☆	☆ ☆	☆ ☆	☆		☆ ☆	☆	☆		☆ ☆ ☆						
F2. Trans-fats																					
F3. Unhealthy food marketing to children							☆ ☆ ☆														
F4. Food fiscal policies			☆	☆	☆	☆		☆ ☆ ☆	☆ ☆ ☆	☆ ☆			☆	☆ ☆ ☆		☆ ☆	☆ ☆ ☆		☆ ☆	☆ ☆	☆
F5. Healthy food policies in schools	☆ ☆		☆	N A	☆	☆ ☆ ☆	☆ ☆ ☆	☆		☆ ☆	☆			☆	☆						
F6. Food-based dietary guidelines			☆ ☆		☆	☆ ☆	☆ ☆	☆ ☆ ☆		☆ ☆ ☆	☆ ☆		☆	☆ ☆ ☆	☆ ☆ ☆			☆ ☆			

Progress: Others

- **Physical Activity:** 14 PICTs have included physical activity as a compulsory component of the school curriculum
- **Enforcement:** 14 PICTs have a government-level system in place to support enforcement of tobacco, alcohol, food and/or betel-nut legislation
- **Health System response:**
 - Most PICTs have [national guidelines](#) for NCD
 - 15 PICTs have all [essential NCD medicines](#) included in the national list of essential medicines
 - 15 PICTs have [smoking cessation](#) support
 - Only 7 PICTs have restrictions on the [marketing of breast milk substitutes](#), 6 PICTs have a [Baby Friendly Hospital](#), and 8 PICTs have legislation in place providing at least [12 weeks paid maternity leave](#)
- **Monitoring:**
 - 16 PICTs have collected adult NCD [risk factor prevalence](#) data
 - 14 PICTs have collected [adolescent data](#) in the last 5 years
 - 11 PICTs have collected and reported data on [child growth](#)

Key Challenges

Governance and leadership

- Functioning national multi-sectoral **taskforce**

Preventive policies/legislations

- Further raise **taxes**
- Tobacco **industry** interference, **trans-fats** in the food supply, **alcohol** advertising. restricting **marketing** of unhealthy foods/drinks to children, and **enforcement** of policies and legislations

Health system response

- Resources to ensure that **PEN** (or equivalent) can be fully implemented
- Policy to address **childhood obesity** e.g. restricting marketing of breast milk substitutes, baby friendly hospitals accreditation, and provision of breastfeeding facilities

Monitoring

- Systems for monitoring **child growth**
- Operational research on **impact assessment**

Recommendations

Recommendation for governments :

1. **Ensure** that PICTs have an up-to-date NCD strategic plan and priorities, with clearly defined indicators and timelines
2. **Commit** to developing or maintaining an active multi-sectoral NCD taskforce
3. **Endorse** the MANA dashboard regional report '*Status of Policy and Legislation in PICTs*'(Annex)
4. **Utilise** the MANA dashboard nationally to prioritise key actions for the next year, particularly considering common gaps in the region, such as controls on marketing of unhealthy foods and non-alcoholic beverages to children; restriction of trans-fat in the food supply; and tobacco industry interference; and further raise taxes on unhealthy products in line with global recommendations.

Recommendations for development partners

1. **Support** PICTs with the development of preventive policies/legislations, implementation and monitoring of national NCD action
2. **Strengthen** efforts to improve regional coordination, and enhance international collaboration and networking opportunities for PICTs
3. **Support** operational research on impact assessment to strengthen evidence based NCD intervention