Sequence for removing Personal Protective Equipment (PPE)

IMPORTANT
Remove PPE at doorway or in anteroom
Remove mask after leaving isolation room and closing door

If wearing apron
Remove apron:
- If disposable, lean forward and tear off apron from the neck and roll it forward without touching the front area of the apron
- If reusable, untie from the waist and lift off apron from the neck away from the body

Perform hand hygiene
Alcohol based handrub
Rub hands for 20–30 seconds
or water and soap
Wash hands for 40–60 seconds

Remove eye shields or eye goggles
Remove reusable eye protection from behind the head and place in a container for cleaning before reuse, dispose single use face shield in a bin

Remove surgical or respirator mask
Remove mask from behind and lift away from face
Discard in waste bin
Do not touch the front of mask
Grasp the top tape and then bottom tape from behind with your hands
Lift carefully over head and remove
Do not touch the front of mask

Perform hand hygiene
Alcohol based handrub
Rub hands for 20–30 seconds
or water and soap
Wash hands for 40–60 seconds

Developed based upon infection control guidance from the World Health Organization.